



Updated on 19 July 2023

SPORTS OUTREACH SCHEDULE

	SPORTS	VENUE	TRAINING DAYS	TIMING
1	ATHLETICS (LONG DISTANCE RUNNING)	Outside Kallang Wave Mall	Monday	6.30pm – 8.30pm
		Outside Kallang Wave Mall	Thursday	6.30pm – 8.30pm
2	BADMINTON	UWCSEA East Campus	Thursday	7.30pm – 9.00pm
		Yio Chu Kang Sports Hall	Saturday	9.00am – 11.00am
		Bukit Gombak Sports Hall	Saturday	8.00am – 10.00am
3	BASKETBALL	Methodist Girls' School	Wednesday	7.30pm – 9.30pm
4	BOCCE	Pathlight School	Saturday	2.00pm – 4.00pm
5	BOWLING	JForte Bowl @ Kovan	Monday	5.30pm – 7.30pm
		JForte Bowl @ Kovan	Tuesday	5.00pm – 7.00pm
		Serangoon Gardens Country Club	Thursday	7.00pm – 9.00pm
6	DANCESPORT	Goodman Arts Centre	Tuesday	7.00pm – 9.00pm
7	FLOORBALL	St Patrick's School	Wednesday	7.45pm – 9.15pm
		St Patrick's School	Saturday	9.45am – 12.00pm
8	FOOTBALL	Bendemeer Secondary School	Saturday	9.30am – 11.30am
9	SWIMMING	Clementi Swimming Complex	Saturday	9.00am – 12.00pm
		Hougang Swimming Complex	Saturday	9.00am – 12.00pm
		Delta Swimming Complex	Saturday	9.00am – 11.00am
		Raffles Institution	Saturday	8.30am – 10.30am
		Singapore American School	Saturday	9.45am – 11.45am

Special Olympics Singapore

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