

## **Updated on 17 January 2023**

## **SPORTS OUTREACH SCHEDULE**

	SPORTS	VENUE	TRAINING DAYS	TIMING
1	ATHLETICS (LONG DISTANCE	Outside Kallang Wave Mall	Monday	6.30pm – 8.30pm
	RUNNING)	Outside Kallang Wave Mall	Thursday	6.30pm – 8.30pm
2	BADMINTON	UWCSEA East Campus	Thursday	7.30pm – 9.00pm
		Yio Chu Kang Sports Hall	Saturday	9.00am – 11.00am
		Bukit Gombak Sports Hall	Saturday	8.00am – 10.00am
3	BASKETBALL	Methodist Girls' School	Wednesday	7.30pm – 9.30pm
4	BOCCE	MINDS Towner Gardens School	Saturday	2.00pm – 4.00pm
5	BOWLING	JForte Bowl @ Kovan	Monday	5.30pm – 7.30pm
		JForte Bowl @ Kovan	Tuesday	5.00pm – 7.00pm
		Serangoon Gardens Country Club	Thursday	7.00pm – 9.00pm
6	DANCESPORT	Goodman Arts Centre	Tuesday	7.00pm – 9.00pm
7	FLOORBALL	St Patrick's School	Tuesday	7.45pm – 9.15pm
		St Patrick's School	Saturday	9.45am – 12.00pm
8	FOOTBALL	Canberra Secondary School	Saturday	3.00pm – 5.00pm
		Toa Payoh Stadium (SportCares – Yes! I Can Programme)	Saturday	8.00am – 10.00am
9	SWIMMING	Clementi Swimming Complex	Saturday	9.00am – 12.00pm
		Hougang Swimming Complex	Saturday	9.00am – 12.00pm
		Nanyang Polytechnic	Monday	6.30pm – 7.30pm

## **Special Olympics Singapore**

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Madam Halimah Yacob
President of the Republic of Singapore
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Created by the Joseph P. Kennedy Jr. Foundation for the benefit of persons with intellectual disabilities.



Queenstown Swimming Complex	Saturday	9.00am – 11.00am
Singapore American School	Saturday	9.45am – 11.45am